

# SCIENTIFIC PROGRAMME

TUESDAY 15 JUNE

## PRE-CONGRESS WORKSHOPS

### 0900-1200 Workshop 1 **Nordic Menopause Society (NOMS) Managing menopause: The contemporary view!**

Programme coordinators: Sven Olaf Skouby (DK), Anette Tønnes Pedersen (DK)

Faculty:

- Robert Reid (CA): The Post WHI Era
- Øjvind Lidgaard (DK): The Danish Register studies
- Sven Olaf Skouby (DK): Is the Pervasive Fear among Practitioners about the Dangers of HT Justified?
- Tom Tanbo (NO): Ovarian ageing
- Anette Tønnes Pedersen (DK): Does dose and administration form matter
- Sven Olaf Skouby (DK): New perspectives: TSEC, Estetrol and new progestins

### 0900-1200 Workshop 2 **Hands-on obstetrics**

Educational Objectives:

To provide a comprehensive description of skills in instrumental vaginal delivery, vaginal breech delivery, shoulder dystocia and management of post-partum haemorrhage. To facilitate discussions about current treatment of obstetrical complications between colleagues with different skills levels.

Target audience: Trainees in obstetrics and gynaecology as well as established gynaecologists and obstetricians. We invite all categories from the youngest to the specialist par excellence as we aim for broad cooperative and interactive discussions.

Faculty:

- Runa Heimstad (NO)
- Berglind Steffensen (IS)
- Isis Amer-Wahlin (SE)
- Lis Brooks (DK)

### 0900-1200 Workshop 3 **Laparoscopic simulation**

Objective:

Simulation is becoming an inevitable part of surgical education in gynaecology and obstetrics. This workshop offers a possibility to try various high and low-tech simulators and provides some tangible methods for integrating simulation in laparoscopic surgery on a daily basis. This will be supplied with methods on giving valuable surgical feedback..

Target audience: All

Educational objectives:

To use simulation combined with feedback as a learning method for skills training and to integrate this into a local training programme. What can the participants expect to learn? To get practical experience using simulators and gain an insight into giving effective feedback.

Format:

A combination of theory lessons combined with interactive work on simulators and assessing videotaped operations.

Faculty:

- Christian Ribbjerg Larsen
- Jeanett Østergaard
- Jette Led Sørensen

### 0900-1200 Workshop 4 **Functional anatomy of the pelvic floor**

Target audience: Obstetricians, gynecologists, midwives, physiotherapists and other professionals involved in the treatment and care of women with obstetrical vaginal and perineal lesions as well as subsequent pelvic floor dysfunction.

Learning objectives: To gain awareness of the functional anatomy of the female pelvic floor.

Methods of teaching: Demonstrations of anatomy using 3D-animations and hands-on models. Group discussions.

Faculty:

- Karl Møller-Bek (DK)
- Sara Kindberg (DK)
- Kristin Røssaak (DK)
- Søren Brostrøm (DK)
- Peter Holm-Nielsen (DK)

## TUESDAY 15 JUNE, CONTINUED

### 0900-1200 Workshop 5 Gynecological Ultrasound

A clinical and hands-on oriented workshop.

#### Faculty

- Margit Dueholm (DK)
- Lil Valentin (DK)

### 0900-1200 Workshop 6 Colposcopy

Objective: A comprehensive introduction to colposcopy, including indications, practical techniques, interpretation of findings and treatment strategies.

Target audience: Trainees in gynecology-obstetrics

#### Faculty

- Charlotte Søgaard(DK)
- Lone Kjeld Petersen (DK)
- Gitte Ørtoft (DK)

### 0900-1200 NFYOG Workshop

Autologous transplantation of cryopreserved ovarian tissue is today conducted at several centres to restore fertility after gonadotoxic cancer treatment. Research is conducted towards introduction of uterus transplantation as a treatment for absolute uterine factor infertility. It is quite likely that these novel non-vital, but quality-of-life-enhancing, types of transplantations will be part of the clinical choices in infertility treatment in the near future.

#### Faculty

- Mats Brännström (SE): Transplantation of female genital organs

## 1200-1300 Lunch Break

### 1300-1600 Workshop 7 Nordic working group for adolescent sexual and reproductive health

Target audience: Trainees and specialists in gynecology-obstetrics as well as nurses or midwives with an interest in adolescent issues

Form: Plenary lectures, group discussions

#### Educational objectives:

To gain awareness of the current obstacles in prevention of unwanted pregnancies in adolescents. To get new ideas in prevention of unwanted pregnancies and sexually transmitted diseases in adolescents. To gain knowledge regarding contraceptive methods suitable for young people

#### Faculty:

- Lena Marions (SE): What is Nash and why are we here
- Dan Apter (FI): Nordic statistics – differences in abortion rate within the Nordic countries
- Lena Marions (SE): Legal aspects of prescription of contraceptives and of abortion in girls under 15 years of age
- Minna Joki-Erkkila (FI): Pregnancies in very young girls (possible crime, sexual disease guidance, first abortion)
- Anne Furedi (UK): title to be announced
- Charlotte Wilken-Jensen (DK): Results of a Danish questionnaire in 15 – 24 year old seeking for abortion

### 1300-1600 Workshop 8 Hands-on obstetrics

Repetition of morning workshop

### 1300-1600 Workshop 9 Laparoscopic simulation

Repetition of morning workshop

## TUESDAY 15 JUNE, CONTINUED

### 1300-1600 Workshop 10 Repair of obstetrical perineal and anal sphincter lesions

Target audience: Obstetricians, gynecologists, midwives, physiotherapists and other professionals involved in the treatment and care of women with obstetrical vaginal and perineal lesions as well as subsequent pelvic floor dysfunction.

Learning objectives: To gain knowledge on evidence based diagnosis and treatment of obstetrical perineal and anal sphincter lesions

Methods of teaching: Demonstrations of diagnosis and therapy using 3D-animations and hands-on animal models. Group discussions.

Faculty:

- Karl Møller-Bek (DK)
- Sara Kindberg (DK)
- Kristin Røssaak (DK)
- Søren Brostrøm (DK)

### 1300-1600 Workshop 11 Gynecological Ultrasound

Repetition of morning workshop

### 1300-1600 Workshop 12 How to write a paper and get it published.

Faculty:

- Reynir Tómas Geirsson (IS): Introduction. What is required for different types of articles?
- Reynir Tómas Geirsson (IS): The structured or non-structured Abstract.
- Margit Dueholm (DK): The Material and methods.
- Seppo Heinonen (FI): Presenting the Results.
- Eszter Vanky (NO): Discussing the findings and concluding from them.
- Line Björge (SE) and Per Olofson (SE): Ideas of the audience and inter-active discussion.
- Anne Eskild (NO) and Reynir Tómas Geirsson (IS): Dissecting and correcting an actual submitted article.

### 1300-1600 Workshop 13 Severe haemorrhage at delivery

Faculty:

- José Palacios-Jaraquemada: Practical steps to solve severe postpartum bleeding.
- Per Olofsson: Placenta percreta – conservative treatment
- Jens Langhoff-Roos: Placenta percreta – proactive intervention
- Anne Wikkelsøe: Fibrinogen substitution - the need for an RCT.
- Charlotte Holm: Bloodtransfusion and mode of delivery
- Susanne Schiang: Obstetric skills training – effect on severe postpartum bleeding
- Per Børdal: Limitations in routine data collection role of the medical birth registries
- Kathrine Birch and the Nordic Group: Nordic Obstetric Surveillance System – more than surveillance (preliminary results)

## WEDNESDAY 16 JUNE

### 0830-0945 Plenary 1 -Screening in gynecological oncology

- Ian Jacobs (UK): The potential and challenges of ovarian cancer screening
- Joakim Dillner (SE): Should HPV screening substitute cytology?

### 0945-1030 Coffee Break

### 1030-1200 Parallel Session 1 -Obstetrical update: Preterm delivery. Twins.

- Lex Doyle (AU): Antenatal magnesium sulfate and neurologic outcome in preterm infants
- Sara Kenyon (UK): Antibiotics in preterm delivery
- Bo Jacobsson (SE, NO): Genetics in preterm delivery

### 1030-1200 Parallel Session 2 -Gynecological update: Endometriosis. Fibroids. New treatment options.

- Antti Perheentupa (FI): Enzymes of E2 synthesis/metabolism - a target for treating endometriosis and myomas.
- Thomas M. D'Hooghe (BE): Endometriosis: Nonhormonal targets for new medical treatment for endometriosis.
- Kirsten Hald (NO): Treatment of uterine myomas with embolization of uterine vessels: possibilities and limitations
- Jan Persson (SE): Robot-assisted laparoscopic (da Vinci) surgery in reproductive medicine.

### 1030-1200 Parallel Session 3 -Free Communications

### 1200-1300 Sponsored Symposium 1 -Reactivation of latent HPV infection. HPV - extragenital cancer

*Sanofi-Pasteur*

### 1200-1300 Sponsored Symposium -Title to be determined

*Schering-Plough – A part of MSD*

### 1300-1330 Lunch Break

### 1330-1500 Parallel Session 4 -Surgery for urinary incontinence – the Nordic approach

- Guri Rørtveit (NO): Pregnancy, delivery and the pelvic floor – vaginal or caesarean?
- Antti Valpas (FI): Retropubic, transobturator or 'mini' – which sling is best?
- Ellen Borstad (NO): Concomittant prolapse and incontinence – colporrhaphy plus sling, or colporrhaphy plus wait-and-see?
- Søren Brostrøm (DK): Mixed urinary incontinence – drugs or surgery?

### 1330-1500 Parallel Session 5- Medical co-morbidity and reproduction.

- Cathrine Nelson-Piercy (UK): Prepregnancy counselling and pregnancy management with serious comorbidity
- Nick S Macklon (NL): Assisted reproduction in the medically complicated patient
- Lisbet Ambrosius Christensen (DK): Inflammatory bowel disease - Fertility, pregnancy and breastfeeding

### 1330-1500 Parallel Session 6 -Free Communications

### 1500-1530 Coffee Break

### 1530-1700 Plenary 2 -Controversies in obstetrics and gynecology. An interactive session

- Lena Marions (SE), Charlotte Wilken-Jensen (DK): Contraception clinics: Where, how, who? Danish and Swedish attitudes and experience
- Torvid Kiserud (NO), Riitta Salonen (FI): Prenatal diagnosis, what should be allowed?

## THURSDAY 17 JUNE

### 0830-0945 Plenary 3 -Obesity and exercise

- Bente Klarlund Pedersen (DK): Exercise in pregnancy
- Roland Devlieger (BE): Bariatric surgery: indications and reproductive outcomes

### 0945-1030 Coffee Break

### 1030-1200 Parallel Session 7 -Diabetes and pregnancy

- Ulf Hanson (SE): New national outcome data on pregnancies in women with type 1 diabetes
- Elisabeth R Mathiesen (DK): Aggressive antihypertensive treatment of pregnant women with pregestational diabetes
- Pat Catalano (US): Short term risk of gestational diabetes mellitus– focus on large-for-gestational age and offspring body composition
- Tine Dalsgaard Clausen (DK): Gestational diabetes mellitus and implication for long term offspring health

### 1030-1200 Parallel Session 8 -Minimally invasive surgery in gynecology

- Anton Langebrekke (NO): New Trends in laparoscopic surgery
- Marjaleena Setälä (FI): Laparoscopic endometriosis surgery
- Olav Istre (NO): Optimal fibroid surgery
- Ole Mogensen (DK): Laparoscopic surgery in gynecological oncology

### 1030-1200 Parallel Session 9 -Free Communications

### 1200-1300 Sponsored Symposium 3 -Title to be determined

*Bayer-Schering*

### 1200-1300 Sponsored Symposium 4 -Focus on urgency

*Astellas*

### 1300-1330 Lunch Break

### 1330-1500 Parallel Session 10 -Reproductive update: Developing trends in fertility treatment

- Peter Bower (DK): Sperm banking in the 21<sup>st</sup> Century
- Ulrik Kesmodel (DK): Does smoking, alcohol, coffee, and BMI affect fecundity and fertility?
- Robert Norman (AU): Management of life habit changes – who and how?

### 1330-1500 Parallel Session 11 -Free Communications

### 1330-1500 Parallel Session 12 -Free Communications

### 1500-1530 Coffee Break

### 1530-1700 Plenary 4 -The gap between expectations and outcomes

- Linda Brubaker (US) Gynecological perspective
- Ingela Wiklund (SE): Obstetrical perspective

## FRIDAY 18 JUNE

### 0900-1000 Plenary 5 -New technologies and new horizons

- Magnus Westgren (SE): Perinatal medicine in the future: Possibilities and illusions
- Claus Yding Andersen (DK): What does reproductive biology have to offer for the future?

### 1000-1045 Coffee Break

### 1045-1215 Parallel Session 13 -Vulvodynia

- Michael Granot (IR): Psychological factors associated with perception of pain in women with vulvodynia
- Nina Bohm-Starke (SE): Physical evidence of pain sensitization in women with vulvodynia
- Christina Damsted Petersen (DK): Sexual impairment in women with vestibulodynia

### 1045-1215 Parallel Session 14 NFOG Session: Environment and reproduction health

- Niels-Erik Skakkebaek (DK): Semen quality of Nordic men and testicular dysgenesis syndrome: Implications for fertility rates
- Paul Fowler (UK): Environmental endocrine disruption of the ovary
- Jon Odland (NO): Reproductive effects of environmental contaminants in circumpolar areas

### 1045-1215 Parallel Session 15 -Best Theses

### 1215-1245 Closing Ceremony