



The new revolution

March 4th - 2.10 pm to 4.10 pm

14th World Congress of Gynaecological Endocrinology
March 4-7, 2010, Florence

Symposium

The art of women's health



Programme

March, Thursday 4th

Oral contraception: the achievement of 50 years of hormonal research

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| 2.10 pm - 2.20 pm | Introduction
Pr. Andrea Genazzani (Italy) |
| 2.20 pm - 2.45 pm | Hormonal creativity in contraception
Dr. Regine L. Sitruk-Ware (USA) |
| 2.45 pm - 3.10 pm | How norgestrel acetate leads to estradiol
in monophasic regimen?
Pr. Vincenzina Bruni (Italy) |
| 3.10 pm - 3.35 pm | Metabolic consequences from such evolution
Dr. Christian Jamin (France) |
| 3.35 pm - 4.00 pm | Achieving lower impact on hemostasis parameters
Pr. Franca Fruzzetti (Italy) |
| 4.00 pm - 4.10 pm | Discussion and Conclusion
Pr. Andrea Genazzani (Italy) |

Chairman

Chairman of the Symposium



Pr. Andrea GENAZZANI

Chairman of the Expert Committee

Department of Reproductive Medicine
and Child Development of the University of Pisa, Italy

Head of Department of Reproductive Medicine and Child Development
of the University of Pisa, Italy

Head of Division of Obstetrics and Gynaecology of the University of Pisa, Italy

President of the International Society of Gynaecological Endocrinology

Vice President of the European Society of Gynaecology

Professor Andrea Genazzani trained at the University of Siena where he attained his M.D *cum laude*. He is a Fellow ad eundum of the Royal College of Obstetricians and Gynaecologists.

Special area of interest and expertise

- He is currently Head of the Division of Obstetrics and Gynaecology of the University of Pisa, President of the International Society of Gynaecological Endocrinology. In 1980, he was awarded as Full Professor of Obstetrics and Gynaecology at the University of Cagliari. In 1994, he was awarded with the Honoris Causa Laurea by the University of Wroclaw in Polonia. In 2005, with the Honoris Causa Laurea by the University "Ovidius" of Costanta in Romania. In May 2007, with the Honoris Causa Laurea by the University of Bucharest in Romania and in February 2009, with the Honoris Causa Laurea by the University of Athens in Greece. These awards reflect his expertise in several domains such as Gynaecology, Obstetrics, Endocrinology, etc.

Other activities

- He was a member of Scientific and Ethical Review Group of the WHO Special Programme "Research, Development and Training in Human Reproduction" from 1998 to 2002 and member of various scientific national societies in the obstetrics and gynaecological field. He is also a member of the International Academy of Human Reproduction.

Editorial boards and publications

- **Pr. Genazzani has four expertise:**
 - He authored more than 720 papers in peer reviewed journals,
 - He is the reviewer of numerous articles which have been published in more than 30 medical magazines,
 - He is the Editor-in-Chief of Gynaecological Endocrinology since 1987, the Editor of Maturitas since 2003 and the Editor of more than 42 books.
 - He was the Assistant Editor of the European Journal of Obstetrics & Gynaecology and Reproductive Biology from 2000 to 2003.

Hormonal creativity in contraception



Régine L. Sitruk-Ware, M.D.
Member of the Expert Committee

Population Council's Center for Biomedical research
Rockefeller University,
New York

Régine L. Sitruk-Ware is a reproductive endocrinologist, Adjunct Professor at Rockefeller University and Executive Director of Research and Development at the Population Council's Center for Biomedical research in New York.

Special area of interest and expertise

- She supervises basic research in reproductive biology as well as preclinical research and clinical development of new molecules designed for reproductive health care in men and women suitable for use in developing countries. Prior to joining the Council, she had an academic career in Paris, France, and then an international career in pharmaceutical research and development. She taught and conducted clinical research in reproductive endocrinology at the University of Paris for ten years. From 1983 to 1989 she was a member of the International Committee for Contraception Research (ICCR), established by the Population Council in 1970. Sitruk-Ware became chairperson of the ICCR in January 2007.

Other activities

- Dr. Sitruk-Ware is a member of several national and international medical societies. She has been a founding member of the International Menopause Society and a member of its executive committee for several terms and is presently the General Secretary of that society. She is a member of the Expert Group on Hormonal Contraception of the European Society for Contraception. She is also the programme director and principal investigator of a National Institutes of Health (NIH) Center grant from the National Institute of Child Health and Human Development. She received recent awards from the North American Menopause Society in 2008 for her research on progestins as well as in 2009 for her research in perimenopausal contraception.

Editorial boards and publication

- Dr. Sitruk-Ware has written eight books and over 250 articles and reviews, mostly dealing with men and women's health care issues. She served as adviser to several ad hoc committees of the World Health Organization, the NIH, and the Institute of Medicine of the US National Academy of Sciences. She is an Associate Editor of the Journal Human Reproduction Update and a member of the editorial board of several scientific publications. She received her medical doctorate at the University of Paris in France and is currently an adjunct professor at Rockefeller University in New York.

How nomegestrol acetate leads to estradiol in monophasic regimen?



Pr. Vincenzina Bruni
Member of the Expert Committee

Department of Sciences for Health of Woman and Child
University of Florence, Italy

Vincenzina Bruni is a gynaecologist and professor at the University of Florence.

Special areas of interest and expertise

- She received her M.D. degree with full honors from the Faculty of Medicine and Surgery, University of Florence in 1963. She received her specialist degree, with highest marks, in Obstetrics and Gynaecology in 1967 and in 1972 University Teaching qualification in Gynaecological and Obstetric Pathology. Associate Professor at the University of Florence, since 1983, she was appointed Full-Professor in 2004.
- Pr. Bruni is a member in good-standing of many national and international medical societies. She was President of the Italian Society of Paediatric and Adolescent Gynaecology from 1991 to 2002, and is currently Honorary President of the society. She is a long term member of the executive committee of the International Federation of Paediatric and Adolescent Gynaecology (FIGIJ), and a founding member of the European Society of Contraception.

Other activities

- Pr. Bruni is also an active member of the editorial boards of various Italian and international scientific journals and of the Encyclopédie Médico-Chirurgicale. Author of numerous articles for many journals, she has also written and published two treatises, "Treatise of Paediatric and Adolescent Gynaecology" (with F. Bellone, SEU, 1990) and "Treatise of Gynaecology from the Neonatal Period to the Evolutive Age" (with M. Dei, SEE 2000).
- Pr. Bruni has organized numerous Italian and international congresses in the field of Paediatric and Adolescent Gynaecology.
- In 1997 she received the "Award in Recognition of Women Obstetricians and Gynaecologists" from the International Federation of Gynaecology and Obstetrics (FIGO).
- She is currently Director of the Rape and Sexual Abuse Centre of Careggi Hospital and of the Paediatric and Adolescent Gynaecology Unit of the University of Florence.
- Since 1980 Pr. Bruni has participated in many clinical trials following GCP requirements.

Metabolic consequences from such evolution



Dr. Christian JAMIN
Member of the Expert Committee

Gynaecologist
Paris, France

Christian JAMIN is a reproductive endocrinologist and medical gynaecologist.

Special area of interest and expertise

He graduated in Medicine in 1974 at the University of Paris V. He post graduated in 1978 in Endocrinology, in 1980 in Medical Gynaecology and in Internal Medicine. He has been Assistant of the Chief of Endocrinology Department from 1980 to 1982. Currently he teaches at The Saint Louis Hospital in Paris for the University Diploma of Contraception.

His major research interests are:

- Hormonal contraception
- Menopause
- Breast cancer
- Metabolic effects of hormones

Other activities

- Dr. Jamin is President of the French Association of Post Breast Cancer.

Editorial boards and publication

- Dr. Jamin has written numerous articles and reviews mostly dealing with hormonology of reproduction, in particular contraception and menopause and published in national and international journals.
- Dr. Jamin is also Member of the Editorial Board of some French Issues. He has also organized national congresses in the field of women's health and currently he organizes a French congress on "Life after Breast Cancer".

Achieving lower impact on hemostasis parameters



Pr. Franca FRUZZETTI
Member of the Expert Committee

Department of Obstetrics and Gynaecology "Piero Fioretti"
Santa Chiara Hospital,
University of Pisa, Italy.

Franca Fruzzetti is gynaecologist and assistant professor at the University of Pisa.

Special area of interest and expertise

She graduated in Medicine in 1979 at the University of Pisa. She has been resident in Obstetrics and Gynaecology at the University Hospital of Pisa from 1979 to 1983. Then, from 1984 to 1986 she has been Assistant in Research at the Reproductive Endocrinology and Fertility Control Research Clinic and Endocrine Laboratory. She post graduated in Perinatology, Department of Obstetrics and Gynaecology, at the University of Perugia (1986-1989). Since 1987 she is Assistant Professor and Director of the Reproductive Endocrinology and Fertility Control Research Clinic, Department of Obstetrics and Gynaecology, at Santa Chiara University Hospital of Pisa. In 1994, she has been Visiting Professor at the Women's Hospital USC in Los Angeles working together with Dr Rogerio Lobo on interactions between adrenal and ovarian steroidogenesis in hyperandrogenic women. Pr. Fruzzetti is a member of several national and international medical societies. She is member of the International Society of Gynaecological Endocrinology. Since 1988, she is member of the Italian Society of Obstetrics and Gynaecology. In 1996, she became a member of the European Society of Contraception and since 2000 she is also member of the Androgen Excess Society.

Her major research interests are :

- Hormonal contraception: systemic and metabolic effects
- Haemostatic effects of cigarette smoking in OC users
- Gynaecological Endocrinology
- Hyperandrogenism

Other activities

- During her Medical and Postgraduate training, she had considerable exposure in Gynaecological Endocrinology clinics and Reproductive Medicine. She was also involved in Infertility work and had exposure of ultrasound scanning and fetal Medicine as part of his comprehensive training in Obstetrics and Gynaecology.
- Pr. Fruzzetti was involved as speaker in International Meetings presenting lectures on contraception.

Editorial boards and publication

- Pr. Fruzzetti has written papers published in International Journals (Contraception, Am J Obstet Gynecol, Trombosis and Research, Hypertension, Obstetrics and Gynaecology, Fertility and Sterility).

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